

TRIP ITINERARY

Mount Kenya Climb

Kenya



Mount Kenya is the second highest peak in Africa and stands somewhat unjustly in the shadow of its taller neighbor Kilimanjaro, which lies some 320km away in the south and is visible on a clear day. Kili may see much more traffic - due to the possibility of summiting via several non-technical trekking routes and due to the sometimes dubious honour of being one of the Seven Summits - but Mount Kenya offers a wealth of excellent and diverse climbing possibilities on rock, snow and ice. Mt. Kenya is an ancient volcanic mountain much older than Mt. Kilimanjaro. It's believed to have once reached well above 600m. What is left today is volcanic plug which erosion has fashioned into the complex jagged outline of the central peaks

SIRIMON TREK is the least used of the three main routes but features the most gradual ascent profile and best acclimatization options and above all the most interesting since it's on the drier side on the mountain. The route passes through impressive Yellowwood forests in the lower reaches and features abundant wildlife and beautiful alpine scenery higher up.

Day 1 Nairobi – Naro Moru

Early pick from Nairobi's Jomo Kenyatta International Airport or a city hotel and transfer to Naro Moru River lodge, arrive at the lodge in time for lunch. Afternoon at leisure.

Overnight at Naro Moru River lodge in a superior room on full board basis

Day 2

Morning spent sorting and organizing personal equipment for the mountain trek. Lunch at the Lodge (This is an extra charge). In the afternoon, we are driven to the Sirimon Park Gate and then to the road-head at 3,300m. An easy trek in the afternoon to help acclimatization. Overnight Judmaier Camp (3300m) in the high-altitude mountain tents on full board basis.

Day 3

Ascend the Sirimon Track to Likii North Valley and camp overnight in this beautiful little valley below the subsidiary peaks of Teleki and Sendeyo, two ancient parasitic vents of the main peaks. (3990m)

Overnight Likii Camp on full board basis.

Day 4

Climb out of the North Valley and into the Mackinders Valley, one of the broadest valleys on the mountain, with many giant groundsels. Camp at the head of the Mackinder's Valley, just below the main peaks of Batian and Nelion (4,300m).

Overnight Shiptons Camp on full board basis.

Day 5

Alpine ascent to the highest peak, Pt. Lenana (4985m). En route up the north face little used by tourists. Four hours of stiff walking to the summit. Then descend to Teleki Valley on the opposite side of the main peaks, to Mackinder's Camp for a good night rest (4150m.) Overnight at Mackinder's camp on full board basis

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Day 6

Descend to the Met Station (road head) on the Naro Moru Track and back to the Lodge.

Overnight at Naro Moru River lodge in a superior room on full board basis

Day 7

After breakfast transfer to Nairobi aiming to arrive into Kenya's bustling capital by mid day. Once in the city, you will be dropped off at a city centre hotel or the airport for your ongoing travel arrangements. End of our services.

Climbing on the main peaks of Mt. Kenya

(Batian 5,169m and /or Nelion 5158m)

Because of Mt. Kenya's unique position on the equator, climbing seasons and route conditions vary with the sun's position. For example, a climber interested in doing one of the best ice routes, which are on the south side of the mountain, should climb when the sun is in the north, between the months of June and December.

However, during the same period the east and north sides are in the best condition for rock climbing. Conversely, when the sun is in the south, the south side offers the best rock routes and north the better ice climbing conditions.

Recommended routes

December-March

Normal Route, Standard IV (rock: South West Ridge, Standard V (rock routes).

June-September

North Face, Standard IV (rock Route).

August-December

South Face, Standard IV, Ice Window, Standard V (ice routes).

Cost Includes:

Meet and greet services, road transfers will be in a safari minibus (with seven window seats) with an English-speaking driver- on shared basis, meals and accommodation as specified, all park fees and government taxes, services of an English speaking professional guide, porters and skilled cook

Cost Excludes:

Visas and international flights, airport taxes (clients pay direct), driver-guide gratuities, drinks, dining rooms tips, sleeping bags, trek climbing gear, personal travel, baggage and medical insurance, telephone bill, laundry and any items of a personal nature